

Grandparent Basics

Altru Health System and Safe Kids Grand Forks are pleased to announce a NEW class being offered just for grandparents. Lots has changed since the days when they raised their children and grandparents play a vital role in the lives of so many of their grandkids, often serving as the primary caregiver. Come, learn helpful hints that include some of the following topics: car seats, safe sleep, feeding recommendations, babyproofing, role transition from parent to grandparent and supporting the parents.

Call 701.780.5179 to register or log on to: altru.org/find-a-class-or-event/



2017 CLASS DATES:

MARCH 23 - JUNE 29 - SEPTEMBER 21 - DECEMBER 7
6:30 - 9 P.M.

SAFE KIDS HEADQUARTERS - 860 S. COLUMBIA ROAD

