

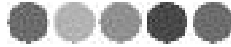
# Safe Kids Grand Forks Coloring & Activity Book



**SAFE  
K:DS**  
GRAND FORKS

**Altru**<sup>®</sup>  
HEALTH SYSTEM

Altru Health System is proud to serve as a lead agency for Safe Kids Grand Forks.  
For information on childhood safety, contact Safe Kids Grand Forks at 701.780.1489 or [safekids@altru.org](mailto:safekids@altru.org).



Dear Parents and Caregivers,

On behalf of Safe Kids Grand Forks, we hope you and your children enjoy this coloring and activity book. It has been created as a means to teach children some simple safety tips while allowing them to be creative with a color crayon.

Safe Kids Grand Forks is an injury prevention coalition made up of many individuals, agencies, businesses and service clubs in the Grand Forks region, including northeast North Dakota and northwest Minnesota. We are a member of Safe Kids Worldwide, headquartered in Washington D.C. and one of over 400 state and local coalitions around the United States and in over 30 countries around the world.

The focus of Safe Kids is to prevent accidental injury and death to children and youth under age 19. Accidents are the leading killer of children in this age group and account for many deaths, emergency room or clinic visits and hospitalizations each year.

Safe Kids has resources in many areas of injury prevention for children. If you have questions or would like more information, please do not hesitate to contact us. Altru Health System is proud to serve as the lead agency for Safe Kids Grand Forks. For more information, please e-mail [safekids@altru.org](mailto:safekids@altru.org) or call 701.780.1489.

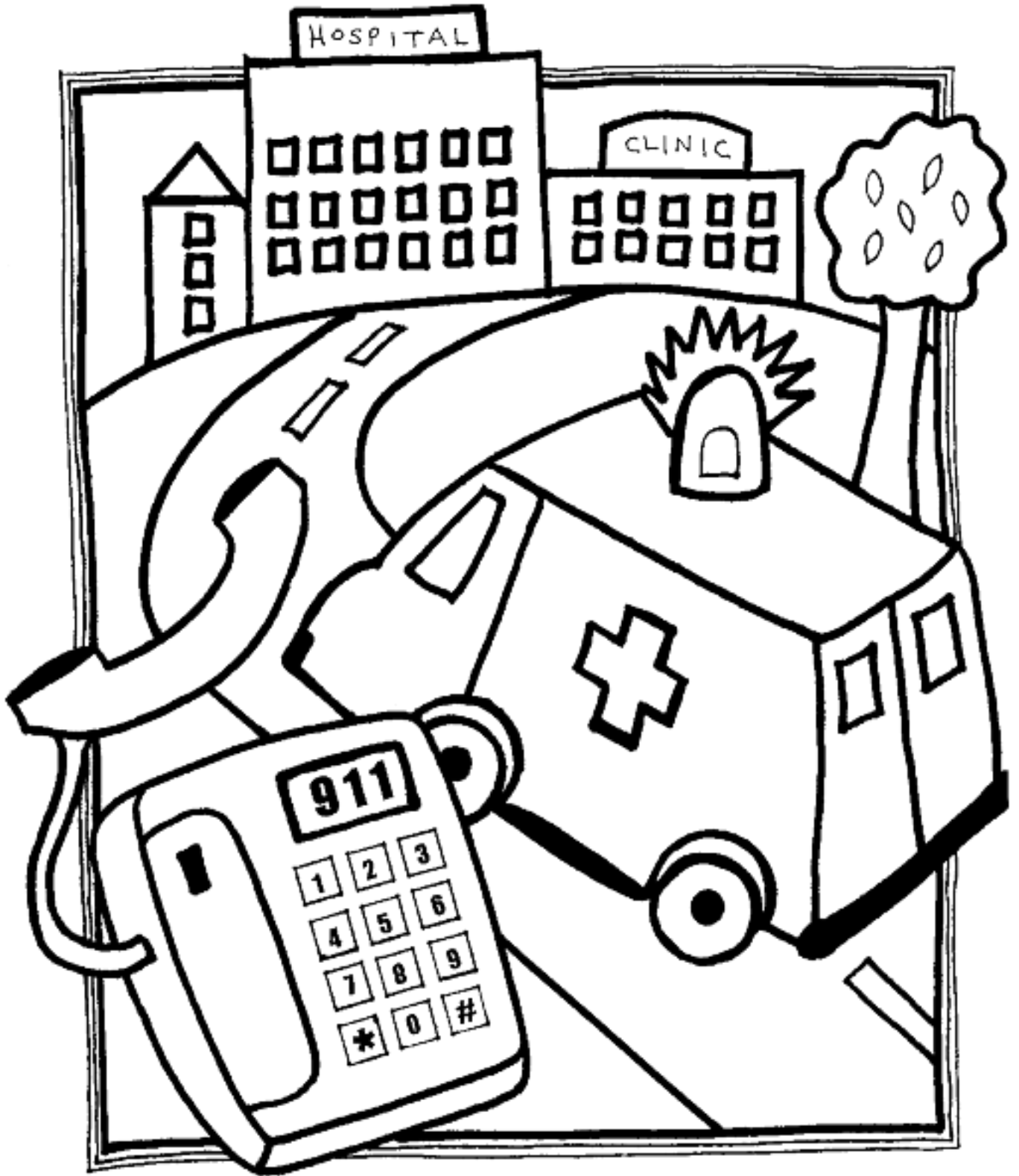
Safe Kids Grand Forks would like to extend a special thank you to Megan and Michelle, who originally designed this book as a Gold Award Project as members of the Pine To Prairie Girl Scouts. We would also like to acknowledge the businesses and organizations who sponsored this publication. They are truly partners in our injury prevention efforts.

Carma Hanson, MS, RN  
Coordinator, Safe Kids Grand Forks  
[www.safekidsgf.com](http://www.safekidsgf.com)



@ SafeKidsGF

Safe Kids know how to call for help  
in an emergency.



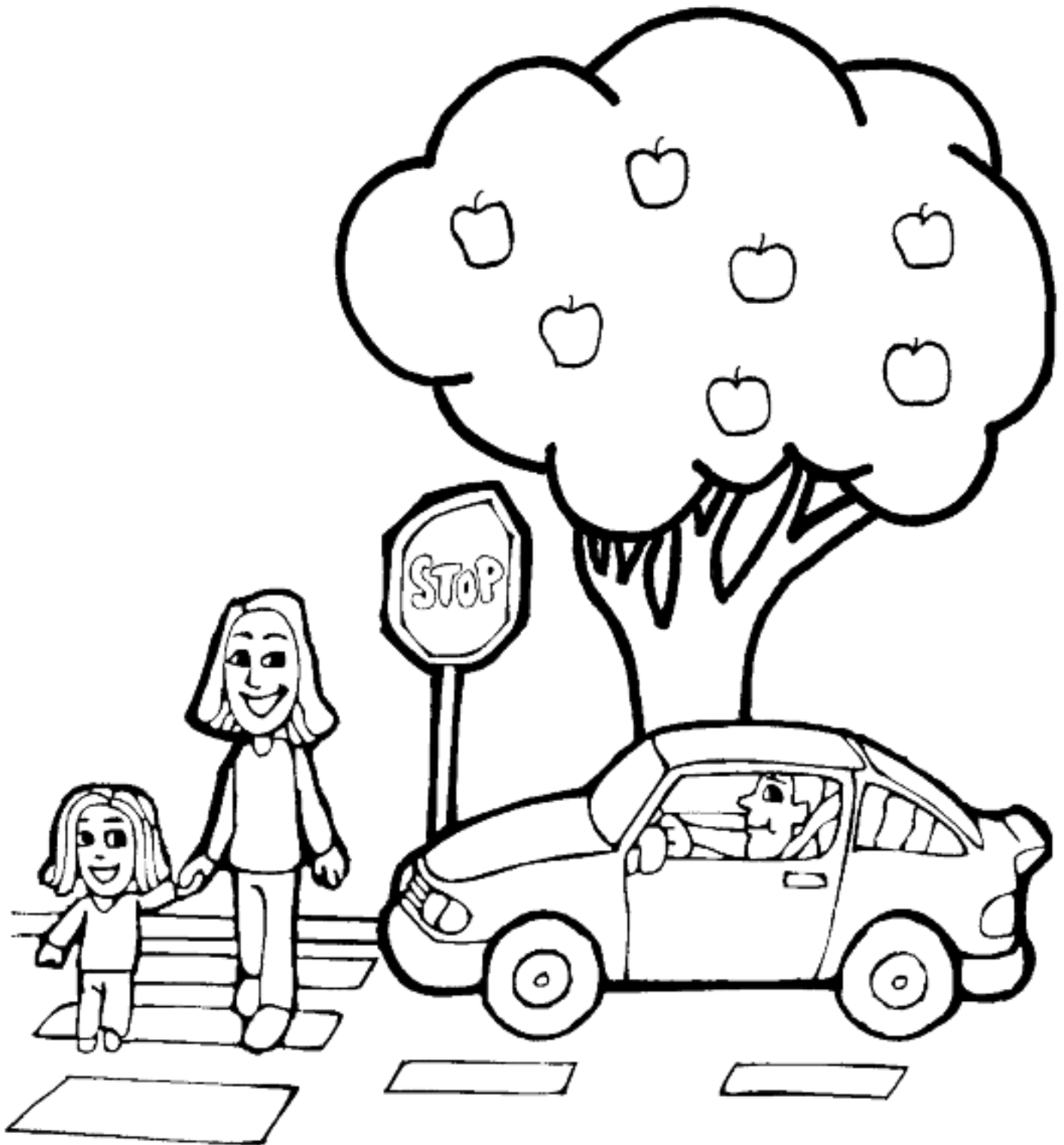
Safe Kids see a flashing light and remember to pull right (so emergency vehicles can pass)!



Safe Kids wear a helmet  
when doing wheeled sports.

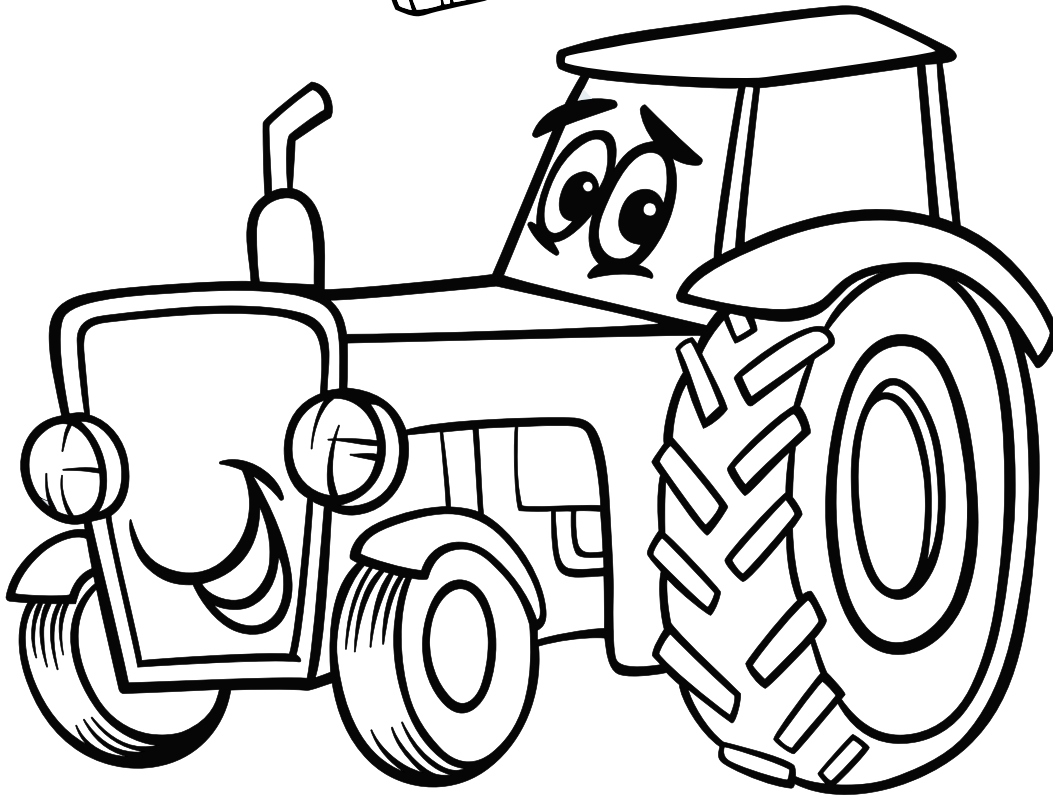
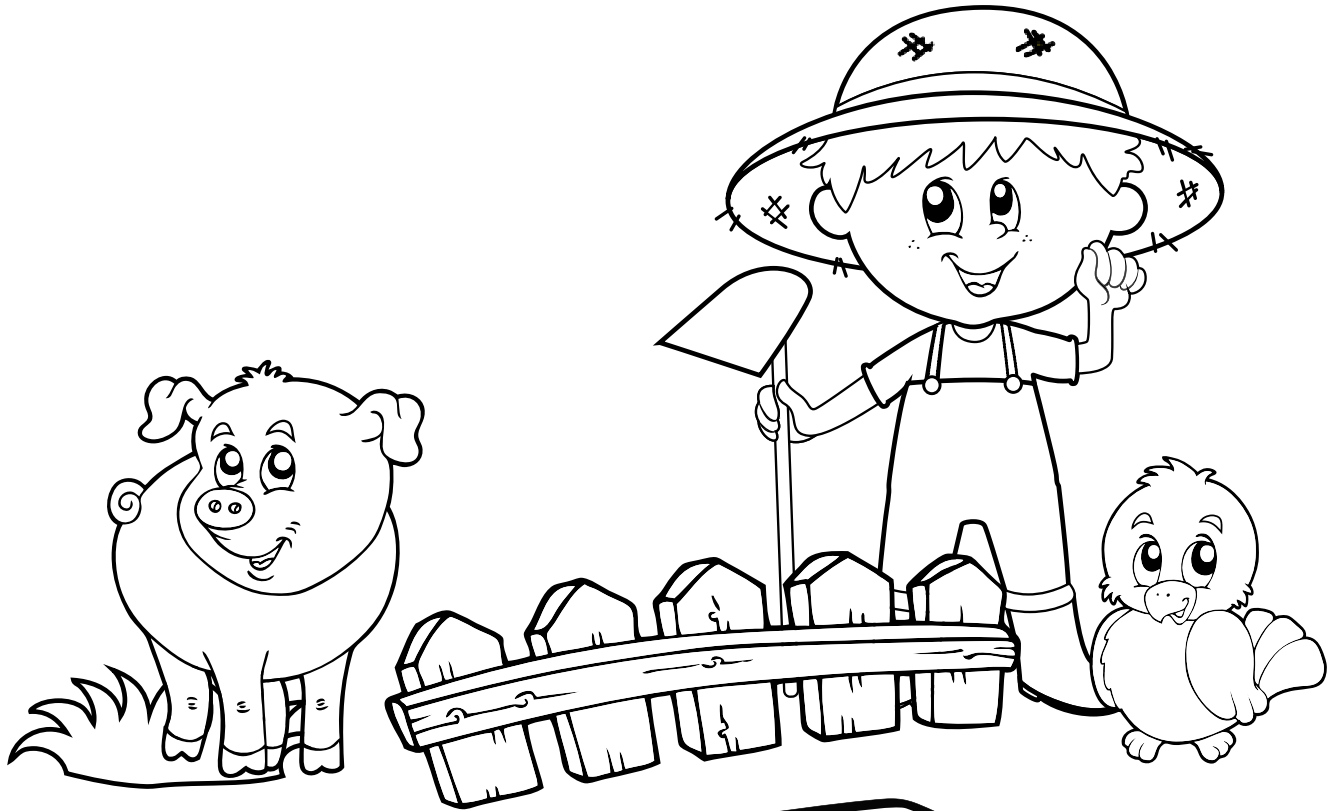


Safe Kids use a crosswalk  
to get across the street.

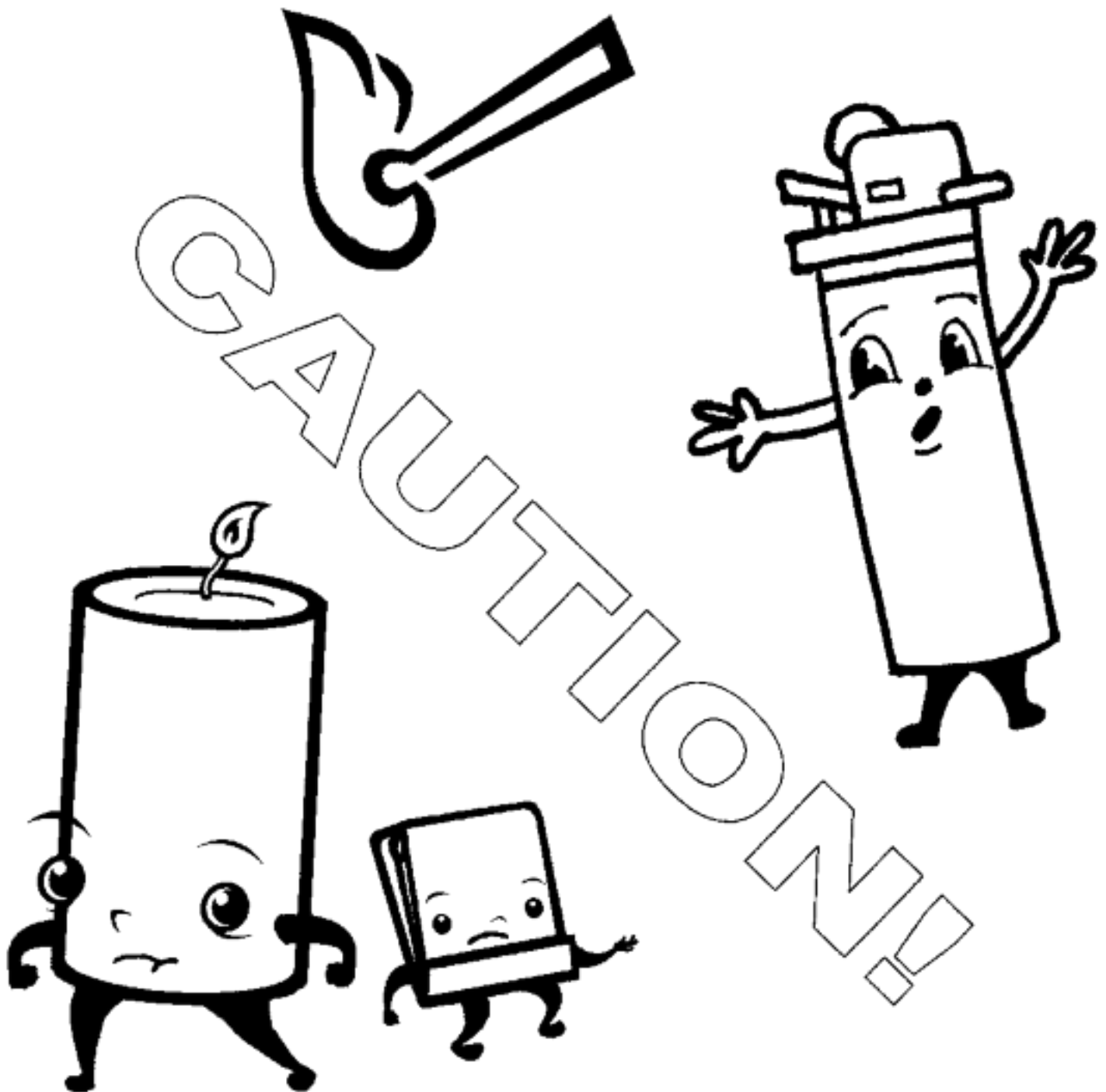


**FedEx**  
Express

Safe Kids stay away from farm machinery.



Safe Kids use caution around hot items  
that can cause burns.



Randy Fenley  
Agent  
701-772-5684



Safe Kids know what to do if they find a gun.

**STOP!**



**DON'T TOUCH!**



**Blue Knights  
International**  
"Ride with Pride"

# LEAVE THE AREA

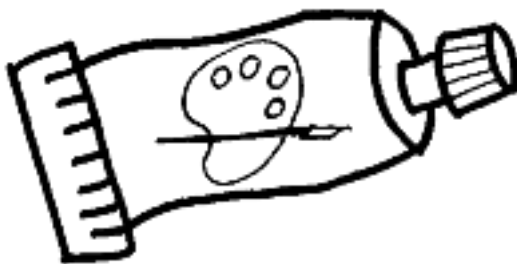


# TELL AN ADULT



**Blue Knights  
International**  
"Ride with Pride"

Safe Kids stay away from items  
that can be poisonous.



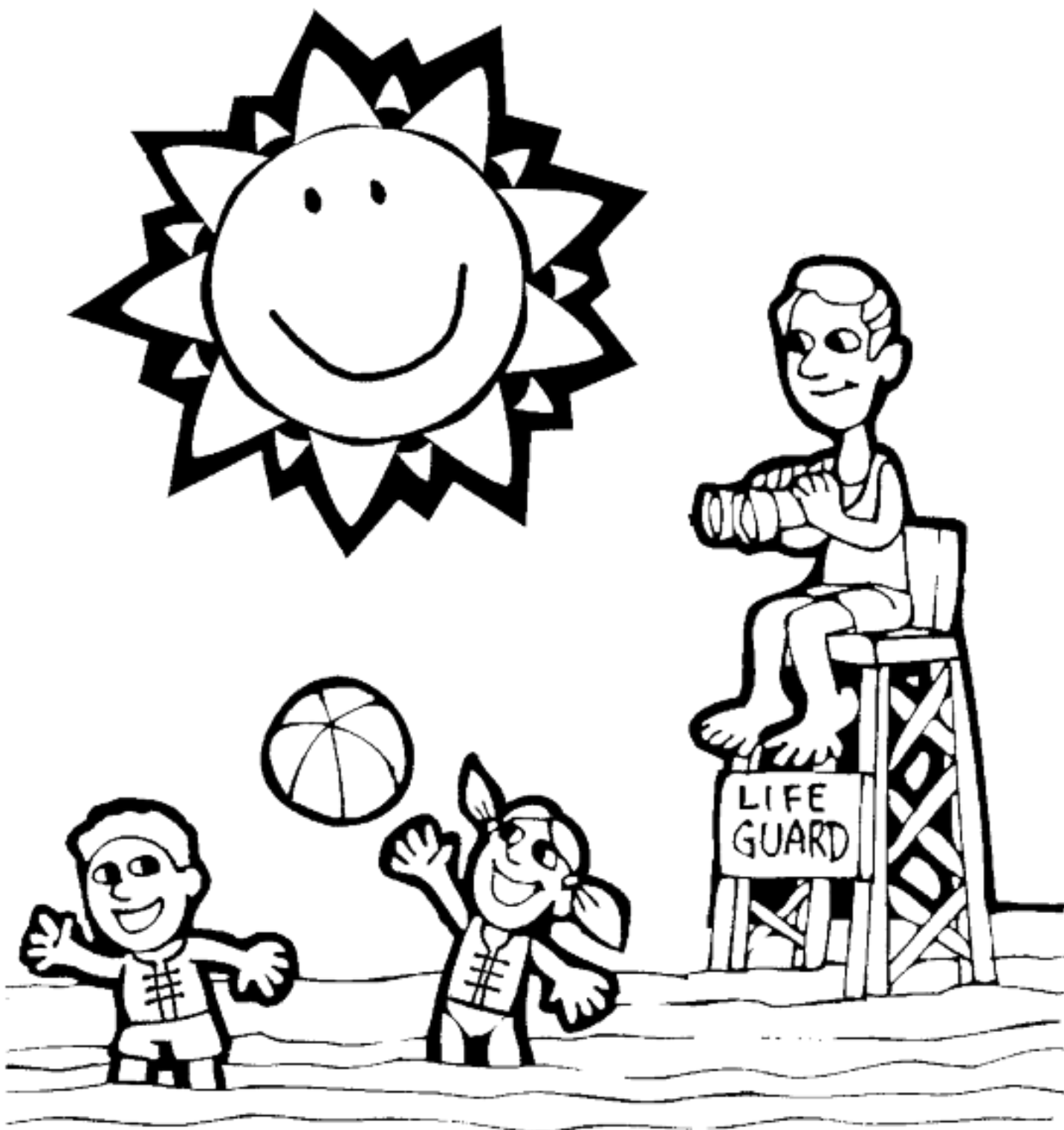
Color the items that are safe to eat.  
Cross out the ones that are dangerous.



**Public Health**  
Prevent. Promote. Protect.

Grand Forks Public Health

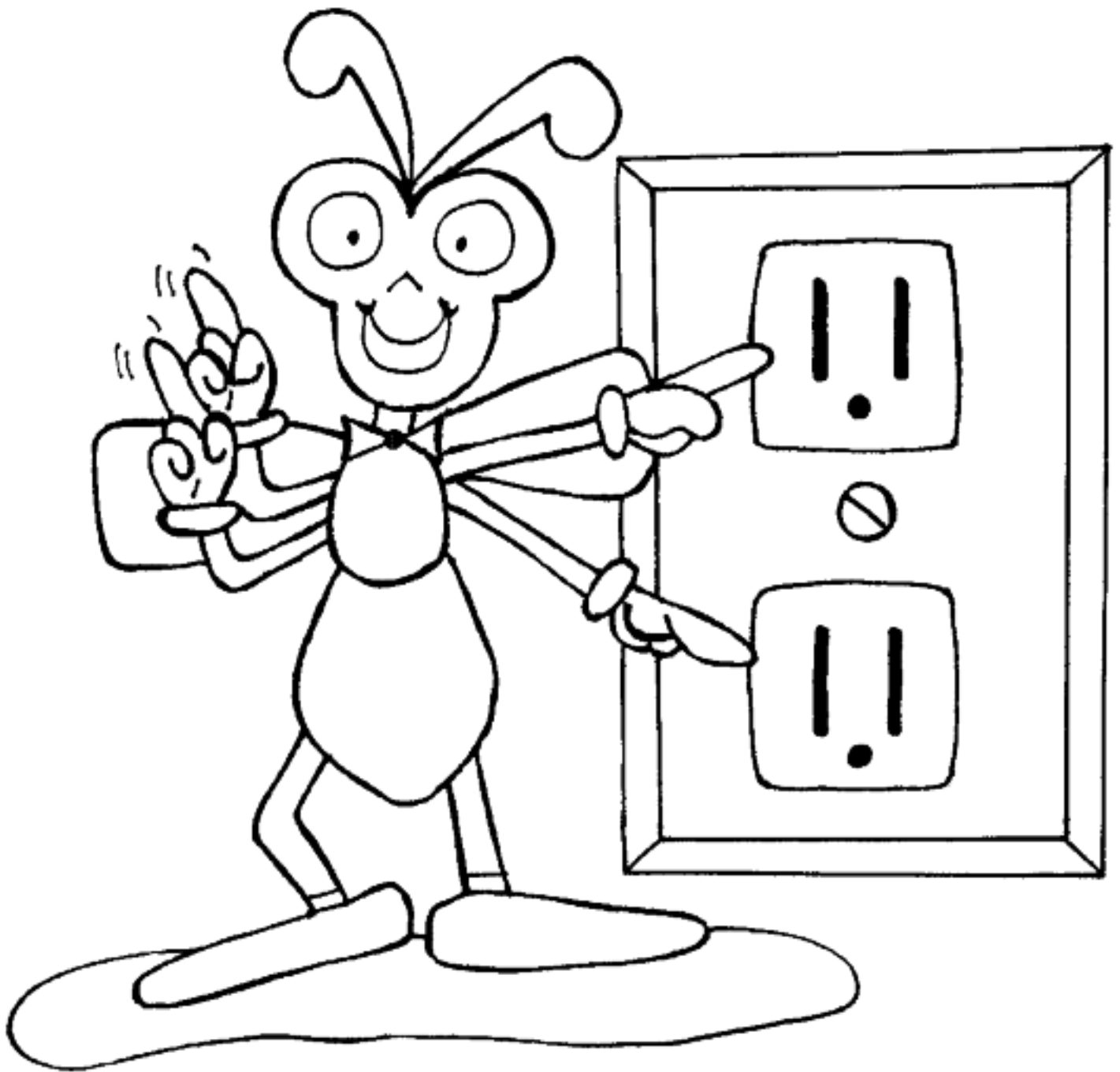
Safe Kids always swim with a buddy  
and watchful adult.



Altru Family YMCA



Safe Kids stay away from electrical outlets.



Safe Kids buckle up on every ride.



*Rydell*cars.com



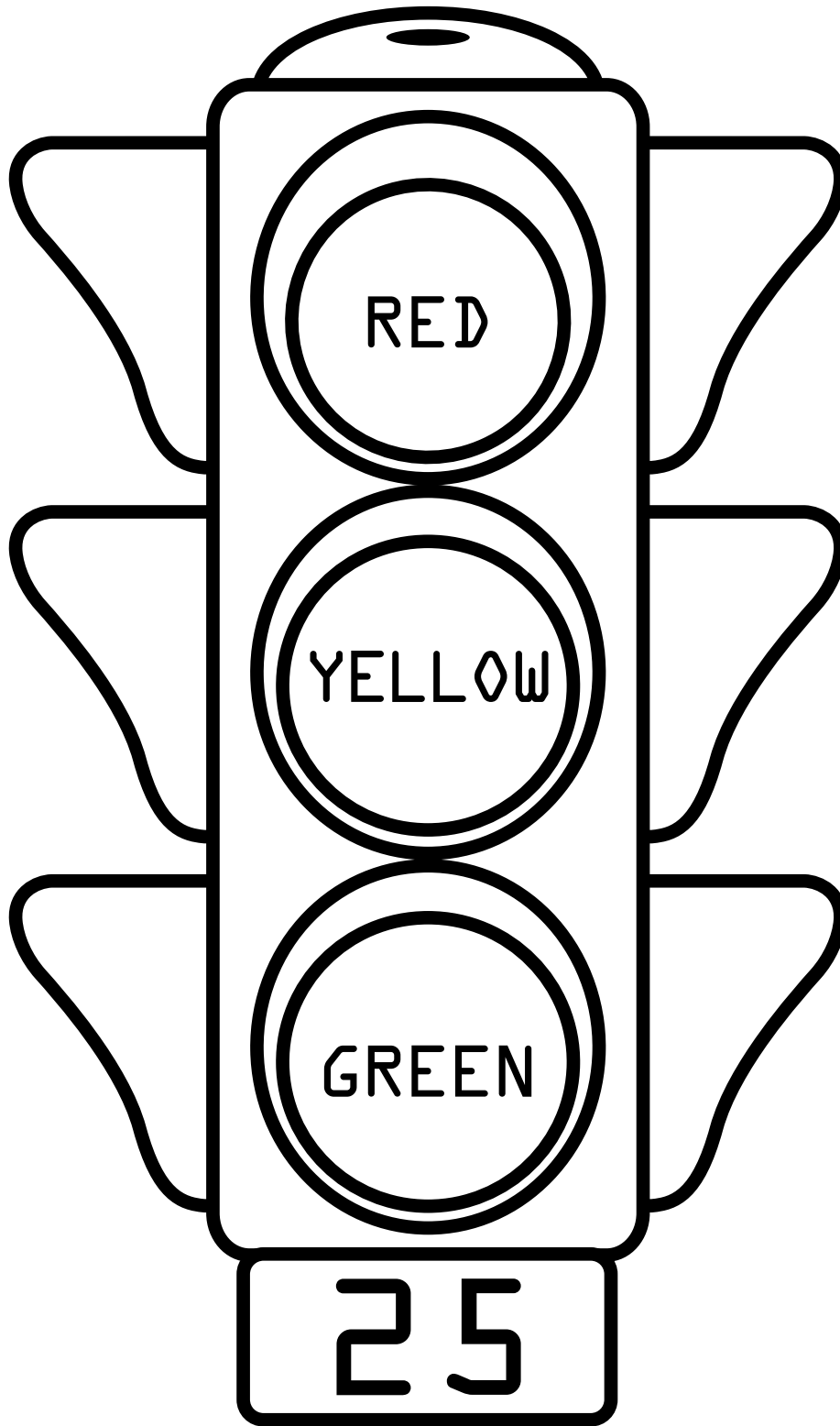
MV1

Safe Kids help test their home's smoke alarms.



Grand Forks Fire Department

Safe Kids obey traffic signals.





Safe Kids know who to ask for help  
when they need it.





For more information on childhood safety, visit [www.safekids.org](http://www.safekids.org)