



Home Safety Guide for Buyers

Buying a Home Safe for Your Children



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Buying a Home Safe for Your Children

Buying or moving into a new home can be overwhelming. There are many things to consider, especially if you have children. Safety in the home setting is an important aspect for parents to consider when purchasing a new home. This guide has been created by Safe Kids Grand Forks to provide insight for home buyers before purchasing and as they move into their new home.

This guide does not cover all aspects of the home environment, but is a great start. Please feel free to contact our Safe Kids Grand Forks office for additional guidance as needed.

In the USA, a person is accidentally injured every second and killed every three minutes by a preventable event – a medication overdose, a vehicle crash, a fall, a drowning or other preventable incident. Unfortunately, about 2.5 million children are injured or killed due to hazards in the home each year. Small children are more prone to experience accidents and injuries at home compared to older school children because they spend most of their time in this environment. It is the main priority of any parent to keep their child safe. Fortunately, many of the accidents and unintentional injuries to children are preventable if parents can identify and correct hazards in their home setting. This checklist is your guide to go through your new home and look for potential risks before and after you buy it. If you find hazards in the home you plan to buy using this checklist, correct it as soon as possible to eliminate potential injuries.

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Please note, this checklist may not represent all of the potential hazards in your home but includes most of the common dangers found in a child's environment.

OUTSIDE THE NEW HOME



Yard

Lawn and yard safety is a family effort. Kids are explorers and curious by nature. Kid-proofing the exterior of your home is as important as ensuring the safety to your kids inside the home. Serious accidents may happen to your child in as little time as it takes for a parent to look at his/her phone while they are supervising their children in the yard.

Facts:

- » Every 40 seconds in the United States, a child goes missing.
- » Most children missing each year are less than 7 years old who simply stepped outside their homes and unintentionally forgot their way back.

Precautions:

To ensure yard safety, it is important to consider a fenced-in yard to:

- » Keep children in the yard and away from the street and animals (dogs, other pets, and wild animals).
- » If fence slats are more than 3.5 inches apart a child could get stuck between slats.
- » If the yard is fenced, a self-closing gate helps assure it closes when someone goes out.



Play Equipment

Some common play equipment related injuries are broken bones, concussions, and more serious neck and back injuries. Also, yards that have sandboxes need attention.

Precautions:

- » If there is existing play equipment, check to make sure equipment is not rusty, recalled or broken.
- » Playground equipment needs to have proper surfacing below it. This includes sand, gravel, pea rock, wood chips or rubber mulch. It needs to be 9-12" thick.
- » Fasten a cover/tarp on the sandbox to prevent contamination by animal waste.
- » When you buy a new home remove sand as it may be contaminated with animal urine, feces or other toxic substances. Sanitize container and replace with fresh sand.





Water Safety

According to a Safe Kids Worldwide report, almost 800 children drown each year; more than half of them are under 5 years old. The report also shows that drowning risks vary by a child's age and location.

Facts:

- » Infants are more likely to drown at home in a bathroom or bucket.
- » Children 1-4 years old are more likely to drown in a pool.
- » Children ages 5 years and older are more likely to drown in natural water bodies near homes such as ponds, lakes and rivers.

Precautions:

- » Keep your pools and spas safe and secure. Install a fence a minimum of 5 feet tall around your spas and pools. This fencing should have a self-closing and self-latching gate.
- » Some pool or spa fences use the exterior of the house as one side of the fence. If your new home has this type of fencing around the pool, protect the doors leading from the house to the pool with alarms that signal when the doors are unexpectedly opened.
- » Suction from pool drains can be powerful enough to keep a child underwater. Consider installing a Safety Vacuum Release System (SVRS), a device that will automatically shut off a pump if a blockage is detected.
- » If you have a sump pump beneath the basement floor, it will not activate until the water in the sump pump tank reaches a certain height. Therefore, keep it covered and out of reach of children to prevent accidental drowning.
- » Always supervise children while they are playing outside near unfenced ponds, lakes, etc.
- » Be alert to areas around your home where water may collect such as low lying areas or ditches.
- » Be cautious of retention ponds that may be near your home. These are not fenced and water can be intriguing to children. Teach them to stay away, even in the winter when it turns to ice.
- » If you have young children and the home has a decorative water feature/pond in the garden, consider draining it.
- » Above ground pools are not required by law to have a fence around them. Know if these exist at neighbors' homes nearby.



INSIDE THE NEW HOME



Doors and Windows

Windows rank as one of the top five hidden hazards in the home according to the U.S. Consumer Product Safety Commission. Children want to see the amazing world around them. They crawl, grasp, roll, stand up and finally can walk to be able to see through windows. Window and door related injuries are more common than we tend to think.

Facts:

According to a Safe Kids Worldwide report:

- » About 8 children die each year from falling out a window.
- » More than 3300 are seriously injured and hospitalized each year.
- » Every day 2 children under the age of 6 years are admitted in the emergency department for a window blind related accident e.g., strangulation from window cords.
- » Every month, one child dies due to a strangulation in blind cords.
- » The majority of the injuries and deaths involve children 1-4 years old, who are learning to move and are curious to explore their surroundings.
- » Most of these injuries happen at bedtime when parents have put their child down to sleep.

Precautions:

- » Practice opening and closing windows and doors to know how to lock and unlock them when you first enter your new home. You may need to replace any that are not functioning (jammed, broken, rusty, etc.).
- » Teach older children how to lock and unlock doors, including dead-bolt locks, when you buy a house.
- » Use window guards and safety netting for balconies and decks to prevent serious falls. If the space between the bars of the window or window guard is more than 4 inches, the chance of falling is high.
- » Make sure you will be able to reach an emergency exit window in case of a fire. Also, you may need to climb out of a basement window to ground level or from upper level to ground level by using an emergency window with a ladder. Planning and demonstrating an emergency exit plan with your children can be crucial in saving them from potential accidental injuries in the future.
- » Move your child's bed and large furniture far away from windows.
- » Also move temptations, such as toys, away from windows.
- » Make sure window cords are never hanging down freely. Tuck or tie cords on a hook at a height where kids can not reach them.
- » Never allow your children to play and jump near the window.
- » It's best to replace window blinds with cords to ones without cords.
- » In case you cannot arrange cordless blinds or do not want to drill holes for hooks higher up, try small cord wind-up devices.





Kitchen and Pantry

Incidences while cooking are the leading cause of home fires and injuries.

Facts:

Records show,

- » 44% of children who died from fires or burns were ages 4 and under.
- » Working smoke alarms reduce the chance of dying in a reported home fire by half.
- » Only 23% of homes in the U.S. have a fire escape plan and practice it.

Precautions:

- » Install and annually check smoke detectors in the kitchen and on each floor of your home. Make sure to replace batteries periodically.
- » Place matches and lighters up high and out of the sight and reach of children. If possible, always lock them in a cabinet.
- » Place the grill away from the home, deck railings, and out from under leaves or overhanging branches.
- » Make sure that fridge magnets, if any, are placed high up on the fridge and can't be reached by children. The decorative or educational magnets on the fridge can be small but powerful. If swallowed by a child, magnets can attract inside of the body and block, twist or tear bowels.
- » Store medicine in a safe location that is too high for young children to see or reach.
- » Keep knives and sharp objects in a locked cabinet.
- » Look around your kitchen and under the sink for products that say "Danger", "Warning" or "Caution". Make sure that all hazardous materials, detergents, laundry pods, cleaning solutions, lubricants and glues are stored behind a locked cabinet or out of the reach of children.
- » Keep heavier items (juicer, blender) in bottom locked cabinets. Also, keep countertop kitchen appliances (countertop oven, coffee maker) far from the edges of counters and along the wall to prevent accidental drops and injuries to children. Keep cords from dangling into the areas kids can reach.
- » Cover or remove stove knobs when not in use so children cannot reach up and turn the burner on. This is especially important with gas stoves as they may not light when the knob is turned, but they can be leaking gas.





Poisoning

Parents need to anticipate how an exciting milestone opens up a child to new dangers. Research indicates that 1 in 3 parents believe that if their child is being watched, storing medicines does not matter. Yet most parents visiting the ER confirmed that they turned their back for only a minute when their child got into medicine.

Facts:

- » Every 12 days, a child under age 6 in the United States dies from accidental medicine-related poisoning.
- » Every hour, a child is hospitalized for that same reason, and every 9 minutes, a child goes to the emergency room.
- » More than 60% of parents reported not having the Poison Control number.

Precautions:

- » Keep medicines stored out of reach and sight of children at all times.
- » Remember child-resistant medicine packaging does not mean child-proof. Therefore, put medicines away immediately after you take it, even if you have to repeat a dose in a few hours. Use an alarm on your phone as a reminder rather than keeping products in plain sight.

**Save the Poison Control Center number in your phone
and post it visibly at home.**

1.800.222.1222



Firearm

Each year, nearly 70 children age 14 and younger die from accidental gunshot wounds, and hundreds more are injured or permanently disabled.

Facts:

- » The accidental firearm injury death rate among children in the United States is 9 times higher than in 25 other industrialized countries combined.
- » Most childhood accidental shooting deaths involve guns that have been kept loaded and accessible to children, and occur when children play with loaded guns.
- » Rates of accidental firearm related injuries are higher in rural areas where people are more likely to own firearms.
- » Boys are more likely to be injured and die from firearm related incidents than girls.
- » Kids as young as 3 have enough strength to fire many of the handguns on today's market, especially the small, lighter-weight models marketed to women.

Precautions:

- » Keep ammunition in a separate and locked place. Make sure kids don't have access to the keys or lock combination.
- » Use a gun lock on a gun. It prevents improper use and discourages theft. (Gunlocks are available for free at Safe Kids Grand Forks. Also see the Safety Resources section on page 14.)



Living Room/ Common Room/ Other

It's important to make your living room a safe place because your children, family and friends enjoy this space. In your living room some of the common child hazards are:

- » TV and furniture tip-overs
- » Burns from fireplaces or outlets
- » Strangulation from electrical cords, blinds or drapes
- » Small objects that can be swallowed

Facts:

- » 7 out of 10 children who are injured by a TV tipping over are 5 years old or younger.
- » The estimated number of emergency room visits for TV tip-over-related injuries for children ages 19 and under has increased 31% over the last decade.

Precautions:

- » To get a baby's-eye view of your house, get down on your hands and knees and crawl around. From there you can see a nail sticking out of the baseboard, a small object that rolled under the couch, or a lamp cord that your baby could pull on. You'll be surprised how many hazards you'll find—and thus be able to eliminate.
- » Young children often try to climb furniture. Therefore, install wall anchors to tall and heavy furniture or appliances in play areas.
- » Create a barrier around the fireplace with the use of safety gates to keep children at a safe distance.
- » Fireplace screens, metal or heat-tempered glass should be in good condition and secured on to the front of the fireplace.
- » Chimneys and vents should be cleaned and inspected by a qualified professional. The leading cause of chimney fires is built-up debris. Schedule a professional chimney cleaning once a year. Build-up of dust and lint in ventilators and filters can pose a very real risk of fire. Cracked or split wiring, damaged ductwork and bent or dented cases can mean serious risks of fire and shock.





Bedrooms

Precautions:

A bedroom is a place where children often spend a fair amount of time unattended, so creating a safe space is important.

- » Assure there are windows with guards in all bedrooms in your new home. Consider installing window guards to prevent windows from opening more than 4 inches (also see windows on page 5).
- » Cords of window blinds can strangulate a child if their playpen or crib is placed near windows. Place them at a safe distance away where children can't reach cords.
- » Are kids' bedrooms free of candles? Don't keep candles in children's bedrooms. In other rooms, keep them and all other flammable objects (e.g. clothing, curtains, blinds, paper, books, Christmas trees, flammable decorations, etc.) well away from children's reach. Consider battery-operated flameless candles instead.
- » Assure that all bedrooms have windows that are egress-style, meaning large enough that a person can crawl out of them.



Bathrooms

The risk of slipping or falling in the bathroom is surprisingly higher than people think. A child reaching for a towel, for example, may grab at fixtures to get a boost, which are not meant to support weight. Scald burns are also common in a bathroom. A sink with only one knob could cause scalding if accidentally pushed to the hot water side. Most scalding injuries happen so fast that the parents simply could not react quick enough to prevent them.

Facts:

- » About 120 children are treated in emergency rooms for these types of injuries.
- » Most of these injuries occur in children less than 4 years old.
- » Next to falling, the accidental scalding and submersion in water are the most frequent causes of bathroom-related injuries and accidents.

Precaution:

- » Install support bars in bathrooms.
- » Place slip-resistant mats inside as well as outside the tub.
- » Make sure sinks have distinguishable hot and cold knobs. Also, adjust the temperature of your water heater to 120 degrees or less to prevent accidental scalding.
- » Store medicines, sharp scissors, razors and electronic equipment out of reach and sight of children, preferably in a locked cabinet. Always keep the countertop clear of these things.
- » If necessary, place corner bumpers on the sharp edges of the counter.
- » Keep toilet lids down. If necessary, child locks for toilet lids can prevent small child from playing or drowning head down in the toilet bowl.



Garage and Shed

Automatic garage door openers pose a serious risk of severe injury or death to children. It is probable that many doors would not reverse if they came down on a young child. Current standards require that safety eye sensors be mounted not more than 6 inches above the floor or ground. If the sensors are installed more than 6 inches above the floor, they may not detect an individual lying down on the garage floor under the closing door.

Facts:

- » The number of garage door injuries almost doubled in 2015 (about 20,000 annual) since 2002 (less than 10,000 annual).
- » On average, most injuries involve laceration to fingers and the head.

Precautions:

- » Consider installing garage door sensors to eliminate entrapment for both children and adults.
- » Sharp or motorized tools, gasoline and toxic chemicals should be stored and locked out of the reach of children.



Lead

If your home was built before 1978, there is a good chance it has lead-based paint. Lead paint is still present in millions of homes, sometimes under layers of newer paint. If the paint is in good shape, the lead paint is usually not a problem. Deteriorating lead-based paint (peeling, chipping, chalking, cracking, damaged or damp) is a hazard and needs immediate attention. It may also be a hazard when found on surfaces that children can chew or that get a lot of wear-and-tear, such as:

- » Windows and window sills
- » Doors and door frames
- » Stairs, railings, banisters and porches

Precautions:

- » Be sure to check that all paint is in excellent shape and clean up dust frequently.
- » Check the exterior of your home, including porches and fences, for flaking or deteriorating lead-based paint that may contaminate soil in your yard or be tracked into your house.
- » To avoid contaminated soil entering in your home, put doormats outside and inside all entryways and remove your shoes before entering.
- » Older playground equipment may contain old lead-based paint. Also, artificial turf and playground surfaces made from shredded rubber may contain lead. Take precautions to ensure young children do not eat shredded rubber or put their hands in their mouth before washing them. You may consider removing such old equipment.
- » Have your home tested for lead. A paint inspection tells you the lead content of every different type of painted surface in your home. Have qualified professionals do the work.
- » You may want to test your water if your home has lead pipes (lead is a dull gray metal that is soft enough to be easily scratched with a house key); or you can buy lead testing kits in home improvement stores to collect samples to then send to a laboratory for analysis.

Find local contact information for testing your water for lead by calling EPA's Safe Drinking Water Hotline at 800-426-4791.



Stairs and Doorways

Blocking off dangerous doorways and stairways is at the top of any baby proofing list. There are two kinds of baby gates, both designed to block a baby from gaining access to a hallway, room, stairway or pet area. One type requires being screwed into the wall; the other is classified as “no-drill.” The second kind is pressure-mounted to stay in place and is okay to use on the bottom level of the stairs, but is dangerous at the top of stairs, as it’s more susceptible to being pushed over by baby.

- » Use safety gates at the top and bottom of the stairs.
- » As you look at gate options, also think about what other areas you don’t want your baby crawling into, including pet areas, kitchen, laundry room or mudroom.
- » Install handrails on at least one side of the stairway.
- » Install lights and lamps on the stairs and in hallways.



Floors

While you may have little choice about the floor coverings in your new home, you can take steps to improve safety. Hardwood and tile can be slippery and a hard place to fall for first-time walkers.

Precautions:

- » Go room to room at the level of your child and check for sharp corners or burn hazards. Purchase safety guards to protect against head bumps and burns.
- » If using area rugs to soften the floor, use nonslip pads and avoid thicker rugs that a baby could trip on.
- » Also, inspect your appliances while sitting on the floor. If your new home is equipped with older appliances, it’s possible the door hinges do not function correctly. Does the oven door open easily or fall down? Does the fridge or freezer door open too easily? If so, what’s within reach, and what happens when it closes again? Dishwashers are especially troublesome, because the doors are low and often lightweight, and the interiors contain knives, food-encrusted objects, and ingestible soap or residue. Add child-safe locks to appliance doors to help prevent accidents.



General Safety

General Safety Precautions

- » Identify houseplants and remove if poisonous.
- » Consult a trained electrician to repair, insulate or remove overloaded outlets or frayed electrical cords.
- » Make yourself aware of the main shut-off valves for utility supplies such as sinks, toilets, gas, water main, washing machine and fuse box to make sure that they are functioning, not rusty and can be closed in case of leaks or an emergency.
- » Make sure to have a first-aid kit available at home.
- » Install carbon monoxide detectors on every level of the home and check the batteries each year.
- » Test your home for radon. It’s a natural occurring gas that affects lungs and may cause cancer if found in high concentration for a very long time. Radon levels are higher in the basement. Radon pumps can remove radon gas from the house.
- » Use nonskid rugs throughout the home to prevent accidental falls and head injuries.

Home Safety Checklist

Buying a Home Safe for Your Children

Yard and Play Equipment

(See page 3)

- » Is your home completely fenced to prevent your child from leaving the yard? YES NO
Notes: _____
- » Are the slats on balconies and fences close enough together to prevent the child from falling or getting stuck between them? . YES NO
Notes: _____
- » Is the sandbox far from landing areas for slides, swings, etc.? YES NO
Notes: _____
- » Does the sandbox have a lid or other covering?..... YES NO
Notes: _____
- » Is the sand in the sandbox clean and free of animal contamination? YES NO
Notes: _____

Pool/Spa Safety(See page 4)

- » Does the pool or spa have fully functional drain covers (not broken or missing covers)?.. YES NO
Notes: _____
- » Does the pool or spa have fully functional guards and/or fences (no missing or broken parts)?..... YES NO
Notes: _____
- » Do the pool or spa guards have a four-sided fence that does not use the exterior of the house as one side of the fence? YES NO
Notes: _____
- » Is your new home fully guarded or fenced from nearby ponds, river, etc.? YES NO
Notes: _____
- » Are you aware of above ground pools in the neighborhood? Are ladders stored away from the pool? YES NO
Notes: _____

Doors and Windows (See page 5)

- » Have you practiced opening and closing windows and know how to lock and unlock them?.....YES NO
Notes: _____
- » Does your child know how to lock and unlock doors?.....YES NO
Notes: _____

- » Are all the window cords tucked/tied on a hook at a height where kids cannot reach them? YES NO
Notes: _____

Kitchen and Pantry (See page 6)

- » Do you have smoke detectors on each level of your home?.....YES NO
Notes: _____
- » Are candles, matches, and lighters stored properly?YES NO
Notes: _____
- » Do you have a propane or charcoal BBQ grill outside the home and away from sides of the home/fence/deck rails?.....YES NO
Notes: _____
- » Are magnets, such as on the fridge, out of a child's reach?YES NO
Notes: _____
- » Are medicines stored in a safe location? ...YES NO
Notes: _____
- » Are knives and other sharp objects out of the reach of children?YES NO
Notes:
- » Are hazardous substances stored and locked?YES NO
Notes: _____
- » Do you have heavier items (such as small kitchen appliances) placed in the bottom cabinets?YES NO
Notes: _____
- » Are there stove knob covers on all the knobs of the stove to prevent your child from turning it on accidentally?YES NO
Notes: _____

Common Child Areas/Living Room

(See page 8)

- » Are bookshelves anchored to the wall?.....YES NO
Notes:
- » Do windows have guards to keep a child from falling out?.....YES NO
Notes: _____
- » Are there guards/gates around the fireplace?YES NO
Notes: _____
- » Is the fireplace screen securely fitted? ...YES NO
Notes: _____

Bedrooms (See page 9)

- » Did you place cribs or playpens away from windows?YES NO
Notes: _____
- » Do you have top-heavy furniture and appliances such as TV, dresser, etc. anchored and stable?YES NO
Notes: _____
- » Are kids' bedrooms free of candles?YES NO
Notes: _____

Bathrooms (See page 9)

- » Do you have non-slip bath mats and rugs?YES NO
Notes: _____
- » Do you have rods or rails to support a child in the bathroom and prevent falls?YES NO
Notes: _____
- » Does your sink have two knobs, one for hot water and one for cold?YES NO
Notes: _____
- » Are medicines, vitamins, sharp scissors, razors and electronic equipment stored out of children's reach or in a cabinet with a safety latch or lock?YES NO
Notes: _____
- » Are countertops and vanities free from sharp corners?YES NO
Notes: _____
- » Are toilet seats in your home secure?YES NO
Notes: _____

Garage and Shed Safety (See page 10)

- » Do you have a reversing garage door opener?YES NO
Notes: _____
- » Are garage safety sensors placed less than 6 inches from the floor?YES NO
Notes: _____
- » Do you have storage space with functional locks to store tools and chemicals safely?YES NO
Notes: _____

General Safety (See page 11)

- » Was this home built after 1977 when the use of lead-based paint on the walls was discontinued?YES NO
Notes: _____
- » Are all plants identified and out of reach of the children?YES NO
Notes: _____
- » Are firearms locked?YES NO
Notes: _____

- » Did you check for all sources of water in or around the home?YES NO
Notes: _____
- » Do the stairways have handrails and are they well lit?YES NO
Notes: _____
- » Are the hallways well-lit?YES NO
Notes: _____
- » Are power outlets covered and electrical cords insulated?YES NO
Notes: _____
- » Are power outlets near water sources "Ground-Fault Circuit Interrupter (GFCI)" type that automatically trip on contact with water to prevent electrical fire?YES NO
Notes: _____
- » Has the furnace and/or fireplace been inspected and serviced by a qualified professional during the last 12 months?YES NO
Notes: _____
- » Do you know the location and condition of the main shut-off valves for utility supplies?YES NO
Notes: _____
- » Do you have carbon monoxide detectors on each floor of your home?YES NO
Notes: _____
- » Have you tested your home for radon gas?YES NO
Notes: _____
- » Have you placed carpet or non-slip area rugs on the hard floors of your home to prevent accidental falls?YES NO
Notes: _____
- » Do you have a first-aid kit available at home?YES NO
Notes: _____

This checklist does not stand alone or replace active supervision of your children. If you have answered 'NO' to any of the questions, you have found a potential risk in your new home. Go back through your checklist and take care of the hazards right away to eliminate chances of injuries.

Events and Classes

Safe Kids Grand Forks

- » Child Passenger Safety Classes
- » Home Safety Classes
- » Water Safety Classes

For more details, visit safekidsgf.com/events

Mailing Address:

Safe Kids Grand Forks
P.O. Box 6002
Grand Forks, ND 58206-6002

Physical Address:

Safe Kids Grand Forks
607 DeMers Ave.
East Grand Forks, MN 56721
*(3 blocks east of Cabela's and across the street from
the domed city building)*

Office phone: 701.780.1489
Toll free: 800.732.4277 (extension 1489)
Fax: 218.773.2994
E-mail: safekids@altru.org

Safety Resources

North Dakota Department of Health
800-472-2286
www.ndhealth.gov/injury

U.S. Consumer Product Safety Commission
800-638-2772
www.cpsc.gov

Safe Kids Worldwide
202-662-0600
www.safekids.org

Progressive Agriculture Foundation
888-257-3529
www.progressiveag.org

National Fire Protection Association
800-344-3555
www.nfpa.org

National Program for Playground Safety
800-554-7529
www.playgroundsafety.org

North Dakota Poison Website
800-222-1222
www.ndpoison.org

North Dakota Fire Marshal
701-328-4908
attorneygeneral.nd.gov

North Dakota Safety Council
701-223-6372
www.ndsc.org

National Rifle Association
800-672-3888
www.gunsafetyrules.nra.org



Safe Kids Safety Items

These items are available through Safe Kids Grand Forks. Please schedule an appointment as our office hours vary and our staff is part time.

SAFE K:DS GRAND FORKS

Our mission at Safe Kids Grand Forks is to prevent unintentional injury and death to children. Our goal is not just to distribute items, but to educate parents and caregivers on their proper use and the importance of using safety items. You can also access more information at www.safekidsgf.com



Altru Health System is proud to serve as the lead agency for Safe Kids Grand Forks.



Prices listed on this flyer are effective 2-2019 and may change based on availability and price changes we incur. For the most current price, email safekids@altru.org or call 701.780.1489.

| | | |
|---|--|--|
|  <p>Bike Helmets These come in toddler to adult sizes and are used for riding a tricycle or bicycle. \$8 - Black, Red, Blue or Purple</p> |  <p>Multi-Sport Helmet Available in kids to adult sizes. Used for in-line skating, scooters, skateboards, bicycles, etc. \$12 - Black, White or Blue</p> |  <p>Elbow/Knee/Wrist Guards These come in child to adult sizes and are sold in sets to include all above items. \$12 per set - Black only</p> |
|  <p>Ski/Winter Sports Helmet These are for non-motorized winter sports to include skiing, sledding, skating. Kids to adult sizes. \$22-\$25 - Black, Blue, Red, Pink or Silver</p> |  <p>Life Jackets Available in: infant-30 lbs, 30-50lbs, 50-90lbs, and 90+ (Infant has additional head/neck support) \$20 - Infant, Kids & Adult</p> |  <p>TV Anti-Tip Strap Fits flat-panel TVs up to 70" Secures TV to furniture or wall for added safety - prevents accidental tipping and bumping. \$12</p> |
|  <p>SafetyCaps These outlet plugs have a wider shield, reducing the potential for ingestion, and ventilation holes eliminating the risk of suffocation. \$2 for 12 covers</p> |  <p>Car Seats Car seats are available in various sizes and styles to fit infants to older kids. Prices and styles vary</p> |  <p>Gun Locks These are used to safely store your gun. Keys are universal between locks. Free</p> |

This guide has been compiled by Naila Saleem, graduate student in the University of North Dakota School of Medicine and Health Sciences Masters of Public Health Program.



We also provide gratitude to Amber Flynn of Hatch Realty for her input and guidance in the creation of this resource.



For more information contact Safe Kids Grand Forks at 701.780.1489 or visit safekidsgf.com

