

# Safe Kids Grand Forks

## News You Can Use

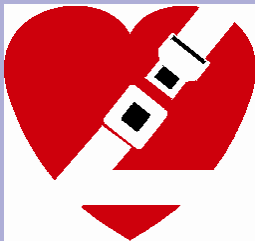
(February 2011)

CHILD PASSENGER SAFETY SPECIAL



### Child Passenger Safety Month Celebrated in February

This special edition of the Safe Kids Grand Forks newsletter has been put together in celebration of CPS month to provide you with updated information on this topic. We hope you



North Dakota's law requires kids to be in a car or booster seat to age 7.

Minnesota law requires kids to be in a car or booster seat to age 8.

These are MINIMUM standards. See page 1, column 2 for the BEST determination of when kids can come out of a car or booster seat.

Each state has their own law about car/ booster seat use. The driver is responsible to know the laws of the state they are driving in. To see a list of each state's law, visit [www.safekids.org](http://www.safekids.org)

### February is Child Passenger Safety Month as Celebrated in North Dakota

Safe Kids Grand Forks has as its mission to prevent unintentional injuries and death to children under age 14. While we address many risk injury areas, motor vehicle crashes contribute to the highest number of injuries and deaths in North Dakota and around the county. We use the month of February to draw attention to this risk area by providing education and events to focus on this topic. Here are a few tips that cover the variety of ages and stages that kids are in.

#### Motor vehicle safety: Buy and properly use a car seat.

- Children under age two should be in a rear-facing car seat (or to the upper limits of their seat which is usually 30-35#) . The EARLIEST they can be turned around is 1 year AND 20#.
- Children to at LEAST age 4 and 40# should be in a car seat with a harness system. Car seats now have harnesses that go to higher weight limits such as 50, 65 and 80#. The longer you can keep a child in a harness, the safer they will be.
- Children need to be in a

booster seat until they can sit in the vehicle and meet the following criteria:

1. Their back against the back of the vehicle seat.
2. Knees bent at the edge of the seat.
3. Feet flat on the floor.
4. Lap belt low across the hip bones and not up on the tummy.
5. Shoulder belt across the center of the chest and not over the neck.

- Children age 12 and under should be in the back seat of the car and away from airbags. They deploy at 200 mph in 1/20 of a second. They can injure or kill a younger child.

- It is important that ALL occupants in the vehicle are restrained. Anything that is not restrained during a crash (people, purses, backpacks, cups,

groceries, etc.) will become a projectile in a crash. They can injure occupants of the vehicle and so it is important to assure that they are secured to placed in the trunk of the car.

- Car seats have expiration dates and should be not used beyond the date stamped on the seat. If there is not a "don't use after \_\_\_\_" note on the seat, then the length of use is 6 years.
- Car seats should never be used if you are unsure of the crash history. Therefore, Safe Kids Grand Forks discourages purchasing car seats at rummage sales or second hand stores.

**Remember: Buckle up!!! Every one!!!**



# Safe Kids Grand Forks Advisory: Used Car Seats

Bargain hunting at rummage sales can be fun and save you money. But dangers may lurk in some of the items you find. One example is car seats. Car seats can be expensive which makes it very tempting to buy one at a rummage sale for your child or grandchild. But safety experts recommend not buying used car seats for your child.

## **Car seats expire!**

Car seats are often exposed to sunlight and extreme temperatures, which weaken the plastic. Most manufacturers stamp an expiration date on the back of the car seat. The car seat

you buy at a rummage sale may be too old to use safely. Most car seats cannot be used longer than six years but some of them expire sooner. Check the seat for specific age limitations.

## **Is the car seat recalled?**

Recalls are common for car seats. If the car seat is recalled, only the original owner would be notified if they happened to send in the registration card. (Only one out of 10 registration cards are sent). The used car seat that you are thinking about buying may be recalled. To check for recalls or to register your seat, visit [www.nhtsa.gov](http://www.nhtsa.gov).

## **Has the car seat been involved in a crash?**

The National Highway Traffic Safety Administration (NHTSA) gives guidelines on when a car seat should be replaced after a crash depending on the severity of the crash. Do you totally trust the person selling you the car seat to tell you the truth when you ask these questions?

## **Is anything missing?**

Four out of five car seats are used incorrectly. The number one reason car seats are not used correctly is because parents or caregivers do not read the instruction manual that

comes with the car seat. If the manual is missing, chances are you would not be able to safely use the car seat.

Car seats protect children when they are involved in a traffic crash. A child's life may depend on your decision to save a little money. Many communities have programs to help those who cannot afford a car seat for their child. Be smart—don't purchase a used car seat from someone you don't know or trust. For assistance with your car seat, new or used, visit [www.safekidsqf.com](http://www.safekidsqf.com) or [altru.org](http://altru.org) to find a car seat check-up event near you.

# Grand Forks Texting Ban

This past October, the City of Grand Forks was the first community in North Dakota to pass a ban on texting while driving. The City Council heard testimony to support this ordinance and passed it into law in the summer of 2010. The new ordinance took effect on October 15th. The law has been in effect for about 4 months and Grand Forks Police officers indicate that not many tickets have been written but rather warnings are given out. A major goal with this ordinance was to

educate the public on the dangers of texting while driving or accessing the internet while driving. While there are lots of things that can be distracting while driving a car (eating, changing CD's, holding pets on your lap, reading the paper, applying make-up), none rise to the level of danger that texting while driving does. Texting while driving increases the chance of being in a crash by 23 times (not 23%, but 23 times or 2300 %). While many

people think they are good "multi-taskers", we know that the human brain is only capable of handling so many tasks at once. Simple tasks, when done in conjunction with other simple tasks, cause the brain to have lapses. This lapse or distraction can lead to the driver not paying attention which could prove deadly if another car, pedestrian etc. is in the path of their car. Our hope is that people of all ages will put down their phone while driving. We

also hope that this practice continues each time people are driving and not just in Grand Forks where the ordinance exists.



## AAP News: Child Passenger Safety & Safe Kids Grand Forks

Information from your Pediatrician and Safe Kids Grand Forks

### Keep your toddler in a rear-facing car seat until age 2 (not 1)

New research indicates that toddlers are more than five times safer riding rear-facing in a car safety seat up to their second birthday. Following are some safety tips for car seat use:

- All infants should ride rear-facing in either an infant car seat or convertible seat.
- If an infant car seat is used, the infant should be switched to a rear-facing convertible car seat once the maximum height (when the infant's head is within 1 inch of the top of the seat) and weight (usually 22-32 pounds) have been reached for that infant seat as suggested by the car seat manufacturer.
- Toddlers should remain rear-facing in a convertible car seat until they have reached the maximum height and weight recommended by the car seat, or at least the age of 2 (usually 30-40 pounds).
- To see if your car seat is installed properly and to find a certified passenger safety technician in your area, visit [www.seatcheck.org](http://www.seatcheck.org) or visit the Safe Kids Grand Forks website at [safekidsgf.com](http://safekidsgf.com).



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Safe Kids Grand Forks and the American Academy of Pediatrics have issued the guideline that children should stay rear facing as long as the seat will allow (usually 30-35#) with the goal of getting to age 2 in a rear-facing seat. The cards found above are being given out by the Pediatricians at Altru Clinic as a reminder of this at all 9 month appointments. Safe Kids will be working hard to spread this message so it becomes the standard of practice.

## Something to ponder. . . . .

- A newborn baby typically uses an infant carrier style seat. These seats have the base that remains affixed in the car and a carrying handle. Parents usually like these type of seats as the baby can be carried in and out of stores, the home, etc. While this style offers convenience for parents, there is another alternative that is more cost effective if that is an issue when buying a seat.
- Most babies will outgrow an infant carrier-style seat between 6-9 months of age. Convertibles typically start at 5# and will last rear facing to 30-35 or 40#. Because of the 5# starting weight, these seats can therefore be used for a newborn. So, from an economical point of view, a convertible would be the most cost effective way to outfit a baby in a child restraint. The upper limits of these seats are usually 40-50# or higher so the seat that could be used for a newborn, will also last until the child is nearly 4 or 5 years old.
- If a parent does want to use an infant carrier style seat, another option is to not purchase a second base but rather put that money into a convertible to use in a secondary vehicle. Then, at the 6-9 month age, only one additional convertible would need to be purchased.
- Confusing?!?!? Contact Safe Kids GF and we will assist in helping you make a sound financial decision that will protect your child in motor vehicles.

### Safe Kids Caution: Dangers of Purchasing Second Hand Car Seats

When purchasing a second hand car seat, it is important to know if the seat has been in a crash. Seats should **NOT** be purchased at a second hand store where this cannot be determined or at a rummage sale where you don't know the seller.

For more information on car seat safety, contact Safe Kids Grand Forks at Altru Health System.



Thanks also to Newman Outdoor Advertising for allowing me to use this graphic in our newsletter. Watch for them in many locations across the state of North Dakota.

## Safe Kids Grand Forks Offers Kudos To Newman Outdoor Advertising Company

When driving home from a meeting in Bismarck last year, I noticed the billboard (seen on the lower left) up along I-94 between Bismarck and Fargo. I loved the message as it tells of the dangers Safe Kids Grand Forks is trying to relay about texting and driving. Did you know that if you are texting while driving, your chance of being in a crash is 23 times higher!!!

When I returned home, I contacted Newman Outdoor Advertising to learn more. I was even more impressed that not only had the company created this important safety message, but I was told of a new company policy in which employees are prohibited from texting while driving. I think this sends a profound message that safety, not only for their employees, but others on the road is important.

I hope other companies will follow suit with policies such as this and all vehicle drivers will put down their phone while driving. Distracted driving crashes and deaths are on the rise, especially from texting. Kudos to Newman Outdoor Advertising for the message and the role modeling!!

Carma Hanson  
Safe Kids Grand Forks

# Safe Kids Stars



For this edition's Safe Kids Star, we will feature two of our Safe Kids Volunteers. Choosing these individuals was an easy choice.



**Mr. Jerry Vein** has been a member of Safe Kids for MANY years. As of January 2011, Jerry retired from his position as a Fire Marshal with the Grand Forks Fire Department. Mr. Vein has spent his career working in the fire protection industry and has done a considerable amount of work to educate the public on fire safety issues. Whether he was inspecting businesses for fire safety compliance or conducting education to the youth of our

community, Mr. Vein was passionate about keeping people safe from fire hazards. Safe Kids Grand Forks is eager to have Mr. Vein continue his relationship with Safe Kids Grand Forks. We are fortunate to have his knowledge and expertise on our coalition as we carry out fire safety initiatives.



**Mr. Bob Rost** has also been a long time member of Safe Kids Grand Forks and we are delighted that he won the fall election for the office of Grand Forks County Sheriff. Sheriff Rost has been a delight to work with over the years as we have conducted gun safety programs and pedestrian safety work.

Sheriff Rost has been very instrumental in the pedestrian safety improvements at a local elementary school where he has been a volunteer crossing guard for several years. In his duties at the Sheriff's Department and prior to becoming the Sheriff, Bob was an avid supporter of our Safe Kids work and would provide volunteers from the Department to assist at our events and in our efforts. We are happy to have him at the helm of the Sheriff's Department and look forward to a continued relationship with him and his staff.

**Kudos to this edition's Safe Kids Stars: Mr. Jerry Vein and Sheriff Bob Rost!!!**



## Contact Us!

*Safe Kids Grand Forks has a new email address and is now on Facebook! Become Safe Kids Grand Forks friend on Facebook to keep up with upcoming events, learn great safety tips, and to find out how you can volunteer your time or resources. Safe*

*Kids also has a new email address.*

*Contact us at [safekids@altru.org](mailto:safekids@altru.org)*

**facebook**



You can sign up to receive the Safe Kids Grand Forks quarterly newsletter electronically. To do so, visit [www.altru.org](http://www.altru.org). Click on the "For Visitors" purple tab and then the "Get Altru E-News" link. There will be a host of departments that offer newsletters; simply choose Safe Kids Grand Fork and any others that you want notification of when they are published. You can also follow the link below:

<http://www.altru.org/patients-visitors/enewsletter-sign-up-form.aspx>

## Kudos to Julie Jeske Who Ran MCM Race Under Theme Of "Lace Up So Kids Can Buckle Up"

For the second year in a row, Julie Jeske, a former Altru employee and Safe Kids advocate laced up her running shoes in an effort to raise funds for our Buckle-up program. Julie ran in her second Marine Corps Marathon in October and raised over \$7,000 for the work of Safe Kids. In the past, a significant amount of the Safe Kids Buckle-up money was received from General Motors. Over the past several years, that funding has not been available and Safe Kids Grand Forks was determined to continue the valuable service we provide of assisting parents and care givers with car seat use, educating the community on the importance of motor

vehicle safety and assisting parents with car seats if they are not able to pay for them. With that goal in mind, Julie ran 26.2 miles to raise funds for our program. We are proud of her hard work and training and also proud of all the Safe Kids members who assisted in our efforts as well. Many, many thanks!! A special thanks to Safe Kids USA for again having confidence in our coalition to accept us for this opportunity. Anyone interested in supporting our on-going work can donate on-line at the Altru Health Foundation web site ([www.altru.org](http://www.altru.org)) Click on the purple "For Visitors" tab and then "donate on-line".



## Interested In Becoming A Car Seat Technician and/or Helping Safe Kids Grand Forks in our CPS Efforts?

To make our events a success, we need well trained and eager volunteers to assist at our car seat check-up events. There are no pre-requisites for who can become a tech so if you have the passion to work with parents and children, we would love to have your join our group.

Safe Kids Grand Forks will host a 4-day child passenger safety technician training

**May 17—20, 2011**

**8:00—5:00 p.m. each day (32 hour course)**

**Cost: \$75 for 2 years of certification  
To register, visit**

**<http://www.safekids.org/certification/>**

Class size is limited to 20 attendees so don't delay. If you want to learn more or attend an event to see what we do, please contact Safe Kids Coordinator, Carma Hanson at [chanson@altru.org](mailto:chanson@altru.org)

## Upcoming Car Seat Check-Up Events

February 10	Grand Forks
February 16	Larimore
March 10	Grand Forks
March 22	Crookston
April 7	Grafton
April 14	Grand Forks
May 12	Grand Forks
May 18	Larimore

Car Seat Check-Up Events are held at the following times:

Grand Forks 4 - 7 p.m.

Grafton 4 - 6 p.m.

Larimore 3 - 6 p.m.

Crookston 4:30 - 6 p.m.

For more information, visit us on-line at [www.safekidsgf.com](http://www.safekidsgf.com)

## Live at the Grand Forks Air Force Base and need your car seat checked???

Safe Kids Grand Forks and the New Parent Support Center can help!!! A car seat fitting station is conducted monthly at the Auto Skills Hobby Shop located on the corner of Holzapple Street and 7th Avenue. The event is from 11 a.m.—1 p.m. on the 3rd Monday of each month. Appointments are required. To schedule an appointment time, contact Paula at 701.747.6806. They will assist expectant parents or those with seats already installed.

This class will be offered in Grand Forks on Sunday, March 27, 2011 from 4:00—8:00 p.m. It will be held at the Grand Forks Police Department at 122 South 5th Street. To register, visit [www.ndsc.org](http://www.ndsc.org) and select the



**PROTECT YOUR YOUNG DRIVER**  
**BEFORE** before the accident...  
before the ticket...  
before lives are lost...

Vehicle crashes are the #1 cause of death for young adults ages 14-24!  
**Enroll your young driver in ALIVE AT 25 today!**



Alive at 25 is an interactive classroom course that encourages young drivers to take responsibility for their driving behavior to help keep them safer on the road. Plus, the Alive at 25 course is approved for point reduction and possibly an insurance discount.

**This course could reduce your young driver's likelihood of being in a car crash!**

Register at [www.ndsc.org](http://www.ndsc.org), by selecting the Alive at 25 logo, and following the simple steps!

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Date: \_\_\_\_\_  
Time: \_\_\_\_\_ Time: \_\_\_\_\_ Time: \_\_\_\_\_  
City: \_\_\_\_\_ City: \_\_\_\_\_ City: \_\_\_\_\_  
Location: \_\_\_\_\_ Location: \_\_\_\_\_ Location: \_\_\_\_\_



**ALIVE AT 25**



For questions about the Alive at 25 course, contact Terry Weaver with the NDSC at 701-223-6372, 800-932-8890 or [terryw@ndsc.org](mailto:terryw@ndsc.org)

Safe Kids Grand Forks & Altru Health System Proud To Offer 2nd Class Session of Child Passenger Safety Made Simple For Expectant Parents

Preparing for a new baby can be overwhelming with all the things parents have to learn and all the supplies they need to gather to bring home a new baby from the hospital. One area where parents seem to be very overwhelmed in is buying and properly using a car seat. Safe Kids Grand Forks and Altru Health System have been here to help in preparing parents long before baby is ready for their first car ride home. We have offered a class called Child Passenger Safety Made Simple and it is intended for new or expectant parents. The class is 1 1/2 hours long with the first hour being a classroom presentation on how to select and use a seat properly. The last 1/2 hour is spent with the parents and a car seat technician in the vehicle installing the seat. Hands on instruction is provided and certainly helps the parents in overcoming their fear and confusion with installing a seat correctly.

This class has been so popular and yet we know there are other parents out there that may not be able to attend at the time it has been offered in the past. Therefore, we are excited to begin offering the class two times per month in 2011. Thanks to our partnership with Rydell GM Auto Center, they have offered us classroom and dealership space so the class can be offered later in the evening on the second session of the month. The two times and locations are as follows:

Altru Health System—Building 1  
860 South Columbia Road—Grand Forks  
1st Thursday of the month  
4:30—6 p.m.

Rydell GM Auto Center  
2700 South Washington Street—Grand Forks  
2nd Thursday of the month  
6—7:30 p.m.

Registration for the class is required and can be done by calling 701-780-5179.



# Attention Minnesota Residents!!

If you live in the state of Minnesota and are in need of a car seat but can't afford one, Safe Kids Grand Forks may be able to assist. We have a limited number of car seats that have been provided to our coalition from the State of Minnesota Department of Public Safety - Traffic Safety. These seats are intended for children who need a seat but financially cannot afford one. If clients are on Medicaid, they often times qualify for a seat through that service instead. (Call the number on the back of your card to see if you qualify.)

If you want to take advantage of this service, contact Safe Kids Grand Forks at [safekids@altru.org](mailto:safekids@altru.org) (preferred) or by calling 1-800-732-4277 (extension 1489). You will need to set up an appointment to view a 20 minute video on child passenger safety (required by the state in order to give out the seats) and spend time with a technician on installing the new seat in the vehicle.

Remember, each and every child deserves to be protected in motor vehicles. Give us a call today if we can assist.



## Altru Health System Makes the Hope Car Bed Available to Patients In Need

Often times, children being discharged from Altru Health System will require a special needs car seat. There are several reasons why this may occur. If a baby is born prematurely, they may be too small for a traditional car seat or they may need a car bed that lies down, rather than a traditional upright seat. If a child has a cast put on, this may not allow them to fit into a traditional seat either. Use of other equipment or certain medical conditions may warrant a special needs car seat for a limited amount of time or indefinitely. In either case, Altru Health System has a system in place to assure that we can meet those special needs car seat requests.

Recently, Altru Health System became the first and only hospital in the state of North Dakota to make the Hope Car Bed available to patients. This car bed was released on the market in July after extensive research and engineering design. It was designed to meet the needs of certain patients requiring a laying-down position up to as high as 35#. This may include a patient in casts or splints or those with surgical, tone or other medical issues. As with many medical devices, the cost of this seat is nearly \$1,000 and so Altru makes this seat available to patients on a "loaner" basis so patients don't have to incur a cost such as this for what might be a short term use.



Altru is also pleased to have on staff technicians who are not only certified child passenger safety technician but ones who have additional training in special needs seats such as this. Melissa Swenson, Child Life Specialist for Pediatrics is the coordinator of the hospital based and special needs car seat program for Altru Health System. To contact Melissa, call 701-780-5660 or e-mail her at [mswenson@altru.org](mailto:mswenson@altru.org). She can answer questions you have about the Hope Car Bed as well as other special needs car seats. Safe Kids Grand Forks is proud to partner with Melissa in her special needs car seat work!!



# Child Passenger Safety Month Reminders From the ND Department of Health



BISMARCK, N.D. – In observance of Child Passenger Safety Month in February, the North Dakota Department of Health urges all parents and caregivers to buckle up their children on every trip to help ensure children establish a lifetime habit of buckling up. Adults put good efforts into transporting babies and toddlers in car seats because it's the safe thing to do and because children are less capable of buckling themselves at this age. Observation surveys completed in North Dakota confirm this; 100 percent of infants and 88 percent of toddlers were observed being transported in a restraint. Unfortunately, as children get older those numbers decrease. North Dakota observation surveys indicate that only 83 percent of children ages 6 to 10 were riding in some type of restraint.

As children grow older and begin riding in booster seats and seat belts, often the responsibility of buckling up gets placed more on the child because they are able to do it themselves. This is often a time parents look forward to, as it is one less step to take when transporting children. "What parents may not realize is they should take caution at this time and make sure that the child is properly buckled up," says Dawn Mayer, Child Passenger Safety Program director.

"This is a very important time for caregivers to instill safety into their child's life. The habit of buckling up for life is established during this period of time for children."

The Department of Health recommends adults follow these important steps:

- Children come in all sizes and need different forms of protection in a crash. When determining the best way to transport a child, follow the National Highway Traffic Safety Administration's four steps to child passenger safety (see below).

- When a child transitions from a car seat to a booster seat (usually at 40 pounds and 4 years of age), make it a special event and show them how to place the seat belt safely over their body. Explain that the seat belt is designed to go over their bones on their body because bones are the strongest points on their body.

- If your child uses a booster seat, make sure he or she uses it whenever they are in a vehicle, including with child care providers, grandparents, other parents, etc.

- Always make sure everyone is buckled up in your vehicle.

- Plan ahead – if you are car pooling, make sure every child has their own seat belt. If you don't have enough seat belts per child, add another vehicle. Don't take the risk of transporting a child without a seat belt.
- If someone else is

transporting your child, don't assume they will be transported correctly. Talk to them about how you want your child transported to make sure your child is safe.

- Never minimize buckling up a child due to the distance traveled. Most crashes occur close to home (because we take those short trips more often) and a crash occurring at 25 to 30 miles per hour can create a dangerous impact, especially for those unrestrained.

- Children younger than 13 should ride in the back seat. Most crashes are frontal crashes and children should not ride in front of an airbag.

- The N.D. child passenger safety law states that children younger than 7 need to ride in a child restraint and children ages 7 to 17 need to ride in a restraint or seat belt. Be a good example and help children follow the law. Not buckling up a child is violating the law.

The Department of Health encourages parents and caregivers to follow "4 Steps for Kids," a guideline for determining which restraint system is best suited to protect children based on age and size:

1. For the best possible protection, keep infants in the back seat in rear-facing child safety seats for as long as possible up to the height or weight limit of the particular seat. At a minimum, keep infants rear-facing until at least age 1

and at least 20 pounds.

2. When children outgrow their rear-facing seats (at least age 1 and at least 20 pounds), they should ride in forward-facing child safety seats in the back seat until they reach the upper weight or height limit of the particular seat (usually around age 4 and 40 pounds). The BEST practice is for children to ride rear-facing to age 2 or the upper limits of their seat (30-40#).

3. Once children outgrow their forward-facing seats (usually around age 4 and 40 pounds), they should ride in booster seats in the back seat until the vehicle seat belts fit properly (usually at age 8 or when they are 4 feet 9 inches tall).

4. When children outgrow their booster seats, (usually at age 8 or when they are 4 feet 9 inches tall), they can use the adult seat belt in the back seat if it fits properly (lap belt lays across the upper thighs and the shoulder belt fits across the chest).

Caregivers who need assistance should contact a certified child passenger safety technician for help. To find a certified technician near you, call the North Dakota Department of Health at 701.328.4536 or visit [www.ndhealth.gov/injury](http://www.ndhealth.gov/injury) or the NHTSA website at [www.nhtsa.gov/](http://www.nhtsa.gov/).

For more information about Child Passenger Safety Month, contact Dawn Mayer, North Dakota Department of Health, at 701.328.4536.



**NORTH DAKOTA**  
DEPARTMENT of HEALTH

# Safe Kids Grand Forks Offers Routine Check-up Events in 4 Area

## Communities



### Car Seat Check-Up Events

presented by:



in cooperation with  
**Rydell GM Auto Center**  
2700 South Washington Street

4 out of 5 car seats are used incorrectly. Could one of them be yours? Is your child's safety seat on a recall list? Come and we'll check. Did you know that children up to 4'9" should be riding in a booster seat for the safest ride?

Safe Kids Grand Forks and Altru Health System are pleased to partner with our local GM dealer and Safe Communities to offer monthly car seat check-up events.

These are offered the 2nd Thursday of every month from 4:00-7:00 p.m.

Stop on by and make sure your children have a safe ride.

Proud Program Sponsors



#### 2011 Dates

January 13  
February 10  
March 10  
April 14  
May 12  
June 9  
July 14  
August 11  
September 8  
October 13  
November 10  
December 8

For more information, contact the Safe Kids Grand Forks car seat information line at 701-780-4995.



### Car Seat Check-Up Events

presented by:



in cooperation with  
**Crookston Pontiac Buick GMC**  
Hwy 75 South

4 out of 5 car seats are used incorrectly. Could one of them be yours? Is your child's safety seat on a recall list? Come and we'll check. Did you know that children up to 4'9" should be riding in a booster seat for the safest ride?

Safe Kids Grand Forks is pleased to partner with Crookston Pontiac, Buick, GMC to offer regular car seat check-up events. These are offered on the dates listed from 4:30-6:00 p.m.

Stop on by and make sure your children have a safe ride.



#### 2011 Dates

March 22  
June 28  
September 27  
December 27

For more information, contact Altru Clinic  
Crookston at  
218-281-9100.

A complete list of all our check-up event flyers and class schedules is available on our Safe Kids Grand Forks web site. Visit us at [www.safekidsgf.com](http://www.safekidsgf.com) for full event schedules and details.



### Car Seat Check-Up Events

presented by:



in cooperation with  
**Hansons Auto & Implement**  
110 5th Street West, Grafton, ND

4 out of 5 car seats are used wrong. Could one of them be yours? Is your child's safety seat on a recall list? Come and we'll check. Did you know that children 40-80#s should be riding in a booster seat for the safest ride?

Safe Kids Grand Forks is pleased to partner with local Grafton child passenger safety experts and Hansons Auto & Implement to offer routine car seat check-ups. These will be offered the 1st Thursday of every other month from 4:00-6:00 p.m. at Hansons Auto Body, downtown Grafton.



Stop on by and make sure your children have a safe ride.

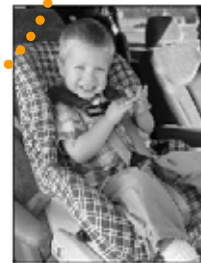
Proud Program Sponsors



#### 2011 Dates

February 3  
April 7  
June 2  
August 4  
October 6  
December 1

For questions, call Stacy Valley Ambulance & Rescue, at (701) 352-3128.



### Car Seat Check-Up Events

presented by:



in cooperation with  
**Larimore Ambulance and Rescue Service**  
420 Tower Avenue

4 out of 5 car seats are used incorrectly. Could one of them be yours? Is your child's safety seat on a recall list? Come and we'll check. Did you know that children up to 4'9" should be riding in a booster seat for the safest ride?

Safe Kids Grand Forks and Altru Health System are pleased to partner with Larimore Ambulance and Rescue Service and Safe Communities Coalition of the Northern Valley to offer routine car seat check-up events.

Event times: 3 - 6 p.m.

Stop on by and make sure your children have a safe ride.



#### 2011 Dates

February 16, 2011  
May 18, 2011  
August 17, 2011  
November 16, 2011

For more information, contact the Safe Kids Grand Forks car seat information line at 701-780-4995.

**Gracias**

Spanish

**Domo  
Domo**

Japanese

**Ca'm on**

Vietnamese

**Takk**

Norwegian

**Merci**

French

**Manalo**

Hawaiian

**Asante**

Swahili

**Hvala**

Croatian

**Danke**

German

It matters not the language in which we speak our gratitude but we are ever so thankful for the General Motors dealerships and Larimore Ambulance & Rescue noted below. They have offered their space so that Safe Kids Grand Forks, in conjunction with our other partners, can hold our routine check-up events at these locations. It enables us to schedule them all throughout the year, no matter what the weather conditions might be. As our readers, please also take time to express your gratitude for these locations for without them, we would not be able to do what we do in the name of child passenger safety!!

**So, simply said (in any language!!!) - THANK YOU, THANK YOU, THANK YOU!!**



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